



Para Hills High School Newsletter

From the Principal... Alina Page



Welcome to Term 2!
I hope everyone has had a relaxing break and we are all ready to launch into an exciting term 2.

As I am writing this our Year 9s are sitting their NAPLAN test, just like hundreds of thousands of other children and young people across Australia. These tests are in the media every year and you will see them in the news over the coming days and also when the results are published. Like everything else, there are people in the court of public opinion speaking for or against students sitting tests. The important thing, however, is not the test itself, but what schools do with the information it provides once the children have sat through it.

As a school and as educators we do not define ourselves or our students through the numbers or letters they get in a test. Instead, our teachers look at what our students' answers say about what skills they already have and what they do well, as well as what they still need to learn. In other words, we look at what's behind the number. We then plan our work with every child to make sure they have the best chance to succeed. Our staff work hard to make sure they understand what every child needs and give each child the right help at the right time.

As a school we aim to provide support for each child, not only if they're struggling, but also to enable them to excel. We want our young people to leave school not only with lots of knowledge, but being able to think for themselves and being ready to adapt and do well no matter

what the future brings. We want them to have a love of learning and to know how to go about learning new things for the rest of their lives.

Over the coming months and years we will be increasingly looking at how we develop the thinking, creativity, problem-solving and entrepreneurial skills of our young people. We will be increasingly looking at the arts, for example, and how they support our students' development in the critical and creative thinking space and embedding this creative thinking into everything we do.

We urge parents and carers to be partners in enabling us to do so, by modelling and working on developing high level thinking skills with our young people.

As Bertrand Russel once said: *"When you want to teach children to think, you begin by treating them seriously when they are little, giving them responsibilities, talking to them candidly... and making them readers and thinkers of significant thoughts from the beginning. That's if you want to teach them to think."*

**WEDNESDAY 29 MAY
GOLD COIN DONATION
FOR
CASUAL DAY
FUNDRAISING FOR YEAR
12 FORMAL

SAUSAGE SIZZLE AND
OTHER STANDS SELLING
FOOD**

DIARY

22/05/19	Snapshot Reports
29/05/19	Casual Day
07/06/19	Student Free Day
10/06/19	Queen's Birthday
11/06/19	Arts Showcase
17-21/06/19..	Exam Week
26/06/19	Science & Engineering Challenge
05/07/19	End of Term 2

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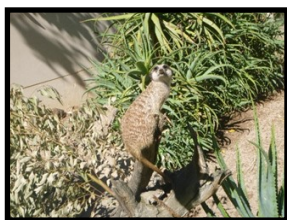
SECOND-HAND SCHOOL UNIFORM BUY—TRADE—SELL

School is attempting to set up an opportunity for parents/caregivers where they can exchange or purchase second-hand uniform items.

If you have any uniform items contact Heather Long at Para Hills High School on 8258 5466.

**Heather Long
Business Manager**

DISABILITY UNIT—EASTER PARTY



On Tuesday the 2nd of April the Disability Unit attended the annual Ladies of Variety Easter Party at the Adelaide Zoo. Students enjoyed a day of being able to look around the zoo and meet some old friends again. The Ladies of Variety

run a series of events throughout the year for students living with disabilities to enable them to interact with each other and make some new connections and catch up with old friends. Everyone involved had a fantastic day at the zoo.

Harrison Phillipps
Teacher



NCCD

Nationally Consistent Collection of Data on School Students with Disability (NCCD)

All schools are required to collect information about the numbers of students that they provide adjustments to under the Disability Discrimination Act (1992) and Disability Standards of Education. This data is used as the basis for national funding.

The NCCD involves the collection of:

- the number of students receiving adjustments to enable them to participate in education on the same basis as other students
- the level of adjustment provided to students
- student's type of disability if known

Under the model the definition of disability is broad and includes learning difficulties, health and mental health conditions.

If your child is identified for inclusion in the Collection, the required information will be included in this year's data collection.

If you have any questions about the data collection, please contact Emma Ramke – Senior Leader on 8258 5466.

Further information can be found at:

<http://www.education.gov.au/nationally-consistent-collection-data-school-students-disability>

Emma Ramke
Senior Leader - Disability Unit

OUTSTANDING RESULTS IN TERM 1

The effort applied to their studies has paid off for our students during term one. 19% of our grades were As and 32% were Bs. This means that across the whole school 51% of all grades last term were A's and B's. Setting targets and planning are keys to success.

Congratulations to the following students who earned outstanding academic results as a result of their efforts during term one.

Year 8

7 As Taylor Edwards.
6 As Mary Douros; Davood Shafahi; Talanee Partington; Emily Meyrick.
5 As Hamish O'riley; Tahlia Hutchinson; Alisina Hamidi; Fatema Aslami; Isabella North; Stephanie Iannace.
4 As Joshua Coff; Catherine Reiman

Year 9

6 As Sterling Hansen; Sara Sharifi; Anita Afzali; Nao Lohia; Smriti Aryal.
5 As Fei Wu; Hannah Synnott
4 As Jaime Van Prooijen; Emily Ince; Owen Maney.

Year 10

7 As Abbey Hastings; Marachiel Colliver.
5 As Molina Lohia; Oscar Feddern.
4 As Kayla Scales; Koby Partington; Aurora Bailey; Annabel Williams; Chloe Manning; Joshua Underwood.

Year 11

5 As Helena Madronio
4 As Jade Martin; Zaky Afzali

Year 12

4 As Andrea Oluic; Hope Martin; Chaishana Sing-sathorn; Caitlin Manning.
3 As Jazmyn Wise; Christopher Stronskyj; Sopheary Prak

WELCOME

Hi everyone,

We would like to introduce ourselves and let you know what we are doing at your school. First of all, Rob is studying a Masters in Counselling and Psychotherapy at University of Adelaide and Ashlyn is studying Psychology at UniSA. We are both doing placement for the next couple of terms at the Disability Unit with Emma Ramke, alongside social work students Louise, Danielle and Gagan.

We will be helping students by providing one on one assistance, both academically and with personal wellbeing, as well as assisting on updating policies and procedures. We are excited to be here on placement and looking forward to practising our skills and learning a lot. If you have any questions, feel free to come and chat with us. We can be contacted through the Disability Unit.

Rob and Ashlyn



VALANGA KHOZA “OUT OF AFRICA”

Our Year 10 English and some Year 12 students were extremely fortunate to attend a performance by Valanga Khozaka on March 8th.

Valanga Khoza is an author, musician and speaker. He left South Africa in 1976, exiled with many other young people because of their struggle against apartheid. He has performed at many music events and in many schools across Australia and the Pacific. Valanga has recorded six albums of music and written two children's books, “Gezani and the Tricky Baboon” and “Demazi and the Yellow Lion”. He is currently writing a autobiography of his life and the many struggles he has faced.

Since moving to Australia in 1976, Valanga's been telling stories and singing songs about his homeland, South Africa.

He speaks about growing up under the apartheid system, which forced him to leave South Africa, and how sharing stories from his homeland through performance and song keeps his culture alive.

Our students were enthralled with his stories, shocked by some of the struggles he endured and enraptured with his music, particularly the “biscuit tin guitar”. They laughed, cried and joining in with his singing. At the end of his performance students asked many questions about Valanga's life but also some very insightful ones on racism and apartheid.

Students were asked to write a brief comment on the performance and some of these are included below.

I really enjoyed how he told his story in a funny way. I learned that no matter how hard life is you can't give up.

Shamim Zafari

Today was a really fun day because I enjoyed the way Valanga made jokes and told about his experience as a refugee. His story inspired me a lot.

Amid Aslami

Valanga was really interesting. He spoke about his life growing up in South Africa which I'm sure everyone found interesting. Overall it was an amazing performance.

Vanessa Tugriubundu

Valanga Khoza told us about his life in Africa and his struggles as a refugee. He told us about his experiences with racism. He was a very engaging speaker and had an eye-opening story. He made jokes throughout the performance creating a humorous twist on a very sad story. This shows that his experiences have made him stronger and more aware of the importance behind his message. He didn't seem angry about all the bad things that happened to him, only happy about the good things. His use of handmade instruments and singing made the performance even more entertaining.

Chloe Manning

I think this was a great session, especially in the morning. Starting with laughter is great because then we enjoy the rest of the day. I loved hearing about Valanga's life experiences. It gives a boost of confidence to stand up against what is not right and to never give up.

Sajjad Ali Hakami

Jenny Fantinel

Humanities Coordinator



AUSTRALIAN OF THE YEAR



It was with great excitement that our school accepted an invitation from St. Peter's College for a staff member and 4 of our senior students to attend a talk by Dr Richard Harris, the co-recipient of the Australian of the Year award for 2019. Dr Harris is famous for his efforts to save the team of boys trapped in a cave in Thailand in July of 2018.

Myself along with Jazmyn Wise, Caleb Holme, Caitlyn Manning and Chris Stronskyj got to hear Dr Harris speak about his experiences that led to him being asked to assist with the rescue and the challenges they faced in achieving its success. He was quite humble throughout and it was through questioning afterwards that the depth and courage of

Dr Harris and all involved really came to the fore.

It was a fantastic and insightful experience and we would very much like to thank St Peter's College for extending the opportunity to us to attend. It was something our students will never forget.

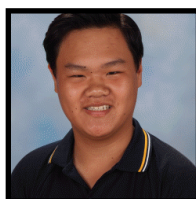


Aaron Struck
Year Level Manager - Year 12

DEABATING TEAM

The debating team, Billy, Emily and Hayley had their first debate for the year against Salisbury East. They argued against a ban on plastic straws, looking to the greater issue of recycling as a whole and that other single use plastics are causing our environment more harm. This was the first time speaking in a debate setting for two of our speakers, who spoke confidently and clearly on the issue. We may not have won this particular debate, however having the chance to observe other teams with more experience has taught us all a lot!

We will be ready for them next time!



Tina Beer
Yr 8 Year Level Manager
English / EALD / Peer Support Teacher

SANTOS STADIUM ATHLETICS CARNIVAL

On Wednesday May 8, students from the Disability Unit participated in a track and field carnival held at Santos Stadium for students with disabilities. The day consisted of a series of events including 100m, 300m, 400m, Shotput, High Jump and Long Jump before finishing off with some relay races where students received ribbons based on their participation levels.

All the students had a terrific day and should be proud of the way they competed fairly, and how they represented the school. Well done!

Harrison Phillipps
Teacher



SOUTH AUSTRALIAN ABORIGINAL SPIRIT TRAINING ACADEMY

Recently Wade and Tyran from the Port Power Football Club came out to work with our SAASTA students. The first session consisted of goal setting for future career pathways as well as learning about the different cultural groups. Students then had the opportunity to participate in football drills followed by a game of AFL.

Our SAASTA Academy is run on Fridays and involves students from Para Hills High School, Parafield Gardens High School, Modbury High School, Roma Mitchell Secondary College and Banksia Park International College.

We are thrilled to let you know that SAASTA has found a permanent home at Para Hills High , and we will keep you posted about the wonderful work our students are doing at the Academy.

Megan Fay
Teacher

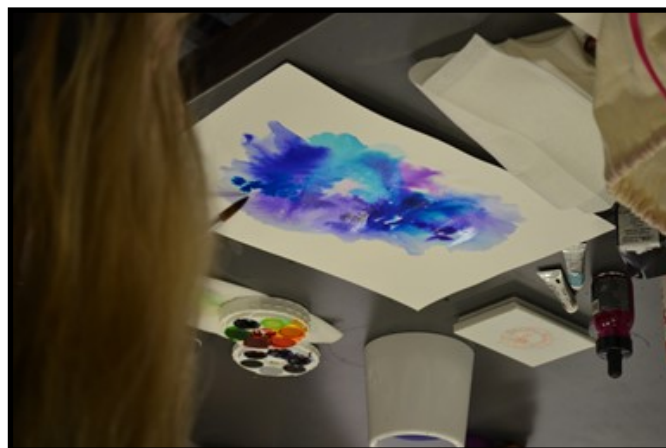


WHAT'S HAPPENING IN ART AND DESIGN?

Year 12 Art/Design/Creative Arts students attended the SACE Arts Show at Light Square. There were artworks engraved in wood, stitched with wool and presented in layered light boxes, providing a great source of inspiration for our students.



Year 11 Design students have been working with Nicole Black, a local artist/designer, to improve their watercolour skills and to create digital artworks inspired by Nicole's process. The pieces that the students have created are full of colour and beautifully showcase their skills (student work below by Dylan Verdnik, Jade Martin, Elizabeth De Leon and Tahlia Williams).



Later this term, Year 10 Art students will be working with another local artist, Cathy Gray, to create their own mandala designs. We are looking forward to seeing the results of the workshop.

Rachel Schutt
Art / Design Teacher

ICE FACTOR

LIFE SKILLS WITH HENRY KEOUGH

In Week 2, the Ice Factor students participated in a life skills session presented by Henry Keogh. Henry was wrongfully convicted of the murder of his fiancée based on incorrect scientific evidence and spent nearly 21 years in jail before his release. He spoke openly to the group about some of the challenges he faced during his time in prison. The key message to students was to always look to change their frame of reference if they didn't like the message playing in their mind. While many people will say negative things to and about you, it's vital to remind yourself that these things are not true. By changing the tape playing in your head, you can more easily overcome challenges and barriers put in your way. Henry spoke about how having persistence and a strong support network, meant that 20 years in prison did not destroy his inner self-belief and his admiration for those who stood by him despite the repeated setbacks. When asked what they learnt today, some comments from students included:

Tyson *"don't take kindness for weakness"*

Cameron *"you've shown me how you can change your mental state to make yourself a better person.... you can always try to make your life a little bit better"*

Charlotte *"stand up for people who are being bullied"*

Justin *"to treat others kindly and don't let others bring you down"*

Koen *"it's mind-blowing that someone like you has been through all of this stuff and you're still getting up and going on and showing everybody else the way of life"*

Alen *"treat others how you want to be treated"*

Thank you to Marie Shaw, Henry Keogh and the Ice Factor for providing us with this eye-opening talk.

Lauren Semmens
Ice Factor Manager



INCLUSIVITY IN SPORTS—YEAR 10 PHYSICAL EDUCATION

In preparation for the changes to the PE SACE curriculum at Stage 1, the Year 10 students have been undertaking a new style of learning this Semester. They have been experimenting with a variety of modifications to sports and activities, with a focus on inclusivity for para athletes. Students have had the opportunity to experience seated volleyball, goalball and para-badminton as an introduction to this unit. Students have said that they've enjoyed experiencing some of these new activities and have found it very challenging trying to navigate the games with the physical impairments placed on them. We are now narrowing our focus to vision impaired activities.

Students were challenged to enter the gymnasium while wearing vision impairing goggles and find a seat. Some students found this relatively easy, while others needed assistance from their friends, or the use of a stick to help feel their way around the area. We practiced using guides to navigate our way around an obstacle course. Students were able to experiment with various techniques to guide their partner around the course- some more successfully than others. Students will now be collecting data (such as heart rates, movement maps, match statistics) to compare participation rates for able-bodied vs visually impaired players in a variety of small-sided games. Students will need to brainstorm ideas for modifying the games to promote inclusivity for their vision impaired team mates. Students will analyse whether these modifications were successful, using data to support their analysis.



Lauren Semmens
Ice Factor Manager

COMMUNITY CORNER

LATTITUDE GLOBAL VOLUNTEERING



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Find out more and view films of previous volunteers on our website. Let us know if you have any questions or want to talk through options and keep an eye out for application deadlines for the best chance to secure your place.

latitudeaustralia.org
(03) 9826 6266
info@latitude.org.au



Applications for the Australian Youth Orchestra's 2020 programs will be open from 11 to 28 June.

For more information please email Eloise Wright on email <eloisewright@ayo.com.au> or phone 02 9356 1412

Eloise Wright
Marketing & Communication Assistant
AYO

VARIETY—THE CHILDREN'S CHARITY OF SOUTH AUSTRALIA!

We are thrilled to announce that against a tough field of finalists including St Louis, Iowa, Ontario, Great Britain and New Zealand, Variety SA took home the Gold Heart Award for the best performing Variety office in the world (over \$3m gross income)!

We also picked up a grants award for our record - breaking grants distribution in 2018 of \$3.8m and congratulate

Nicole Haack, long time Variety supporter and entrant, Chair of the Large Grants Committee, Chair of the MarComms Committee and Deputy Chair of Variety Australia for her Variety International Presidential Citation.

Thank you to each and every one of you who have made this possible - our supporters, event entrants, sponsors, board and staff.

It is because of you that we are able to assist more kids in need each day.

Variety - the Children's Charity
68 Richmond Road, Keswick, 5035
t: 08 8293 8744
www.varietysa.org.au



Government of South Australia
Department for Education

90 Beafield Road
Para Hills, South Australia 5096
tel (+61)8 8258 5466
Fax (+61) 8 8250 9527
dl.0574.info@schools.sa.edu.au
www.phhs.sa.edu.au

South Australian Department for Education
T/A South Australian Government Schools
CRICOS 00018A